

DENTAL TECHNIQUE

An additively manufactured intraoral scan body for aiding complete-arch intraoral implant digital scans with guided integration of 3D virtual representation

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A successful esthetic prosthesis can be optimized with a facially driven diagnostic waxing.¹⁻⁵ Different techniques have been described to merge digital patient information with cone beam

computed tomography (CBCT) scans to obtain a 3D virtual representation.⁶⁻¹⁸ However, the integration of facial and complete-arch implant digital scans by using a single intraoral scan body—without the use of the CBCT—has not been described.

Intraoral scanners (IOSs) provide a clinically acceptable alternative to conventional impression making for crowns and short-span fixed prostheses.¹⁹⁻²³ However, complete-arch implant digital scans have been reported to lack accuracy.²⁴⁻²⁹ A custom polymeric device to improve the accurate digitalization of implant positions on completely edentulous patients has been described.^{30,31} The objective of this device was to support the digitizing procedures, but it did not include the integration of the patients' facial scans.

The present article describes a technique for merging a patient's facial scans with complete-arch implant digital scans guided by an intraoral additively manufactured (AM) scan body. As a result, a facially driven maxillary complete-arch implant-supported interim prosthesis can be fabricated.

ABSTRACT

This article describes a polymeric additively manufactured intraoral scan body that facilitates a complete-arch intraoral implant digital scan and guides the superimposition procedures between the facial and digital scans comprising the patient's 3D virtual representation. Furthermore, this novel intraoral scan body can be modified for the patient's specific arch dimensions, enhancing patient comfort and facilitating digitizing. (*J Prosthet Dent* 2020;■:■-■)

TECHNIQUE

1. Import the virtual design of the intraoral scan body^{32,33} (Fig. 1A) to the printer software program (Anycubic i3; Anycubic). Select a vat-polymerization 3D printer (Photon 1; Anycubic) to manufacture the polymeric (OptiPrint Temp Crown & Bridges B1; Dentona) intraoral scan body. Follow the post-processing procedures recommended by the manufacturer (Fig. 1B, 1C).
2. During the first clinical appointment, duplicate the patient's interim maxillary complete denture.³³ Then, trim away the palatal coverage and reposition the duplicated denture in the patient's mouth. Use flowable composite resin material and add dot and line markers to the soft tissue of the uncovered palate. Record preparation maxillary and mandibular natural dentition and inter-occlusal digital scans by using an IOS (TRIOS 3; 3Shape A/S) according to the protocol recommended by the manufacturer under 1000-lux illuminance (Fig. 2A).^{34,35}

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Figure 1. A, Virtual design of intraoral scan body. B, Before removing supportive material. C, After postprocessing procedures.

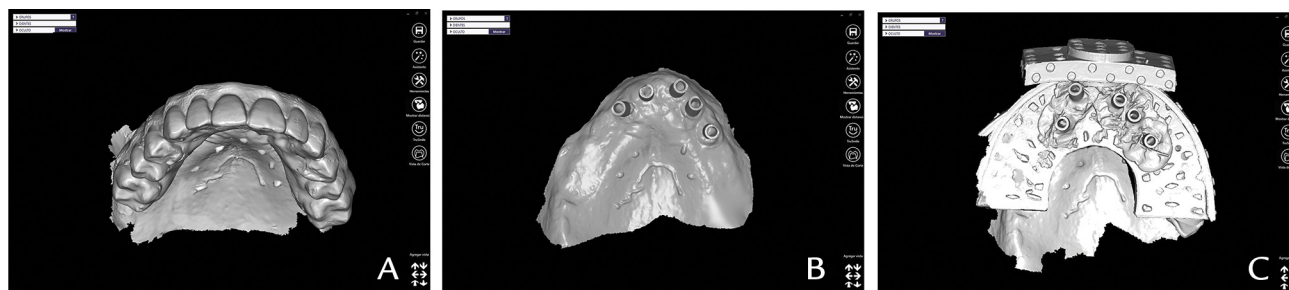


Figure 2. A, Preparation maxillary scan with duplication of interim complete denture lacking palatal coverage positioned in patient's mouth. B, Intraoral maxillary digital scan with implant scan bodies positioned. C, Intraoral digitization of intraoral scan body splinted to implant scan bodies.



Figure 3. Facial reference scan of patient with intraoral scan body positioned in mouth.



Figure 4. Completed maxillary reference scan.

- Remove the healing abutments and hand tighten an implant scan body until stable on each implant as instructed by the manufacturer. Obtain a new maxillary digital scan by using the same IOS (Fig. 2B). Splint the intraoral scan body to the implant scan bodies by using an autopolymerizing acrylic resin (Pattern Resin LS; GC). Then, record a maxillary reference digital scan including the composite resin markers positioned on the palate (Fig. 2C).
- Without removing the intraoral scan body, mark landmarks on the nose and forehead with a thin hypoallergenic eyeliner (ColorStay Liquid Eye

Pen-Sharp line; Revlon) and record a facial reference scan by using a facial scanner (Bellus FacePro; Bellus 3D, Inc) according to the manufacturer's instructions (Fig. 3). Then, remove the splinted intraoral scan body by unscrewing the implant scan bodies and replace the healing abutments. Complete the digitizing of the buccal surface of the intraoral scan body extraorally by using the same IOS (Fig. 4). Finally, capture 4 more facial scans with the patient at rest and in smile positions both with and without the duplicated interim complete denture.

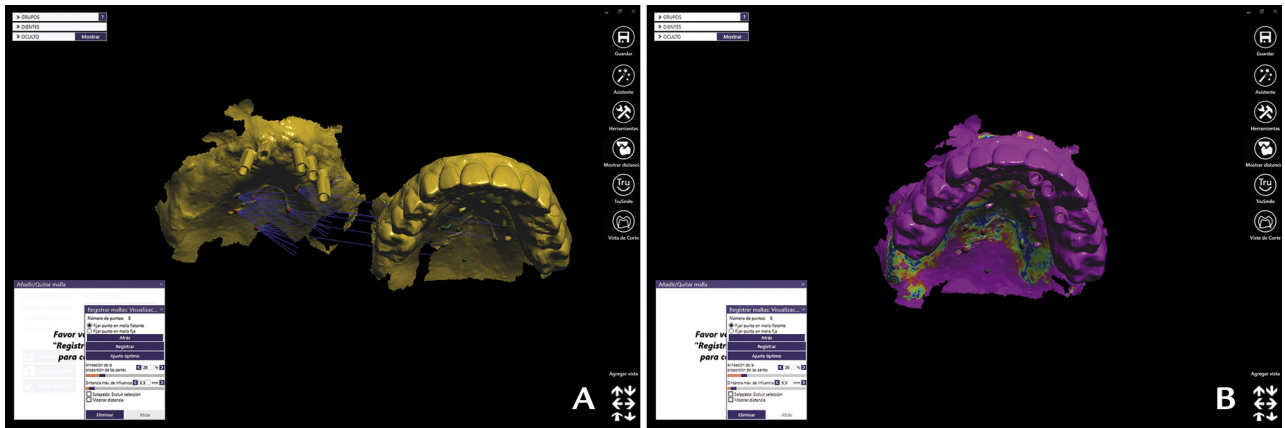


Figure 5. A, Superimposition of preparation maxillary digital scan and maxillary digital scan with implant scan bodies positioned in mouth by using iterative closest point technique. B, After merging procedures.

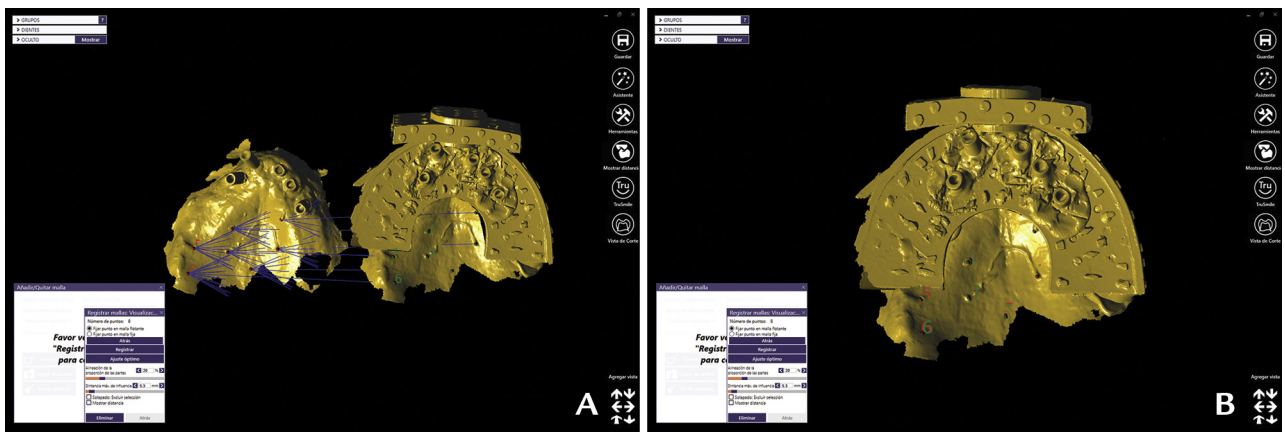


Figure 6. A, Superimposition of maxillary digital scan with implant scan bodies positioned in mouth and maxillary reference scan by using iterative closest point technique. B, After merging procedures.

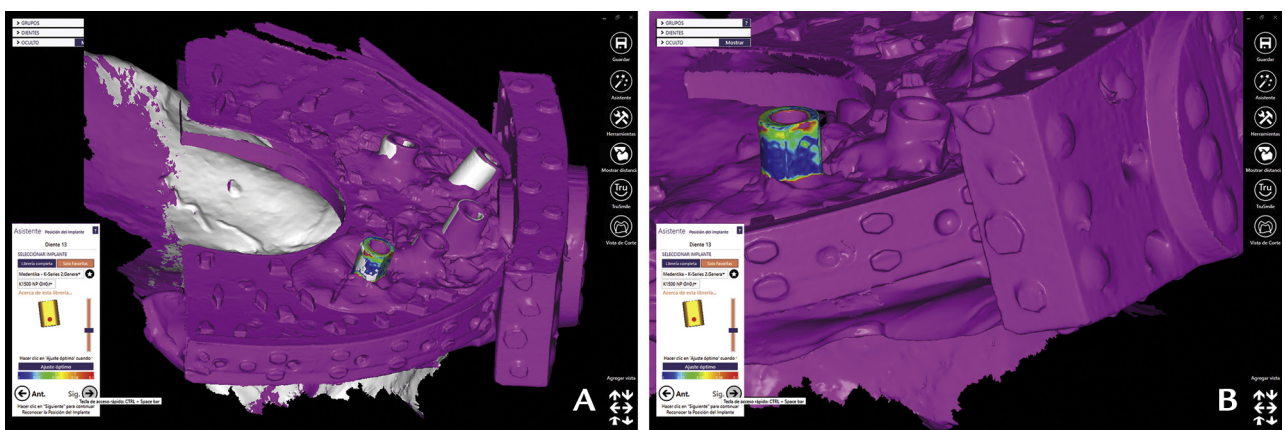


Figure 7. A, Implant positions determined by using scan bodies of maxillary reference digital scan as reference. B, Closer view of scan body superimposition to determine implant position.

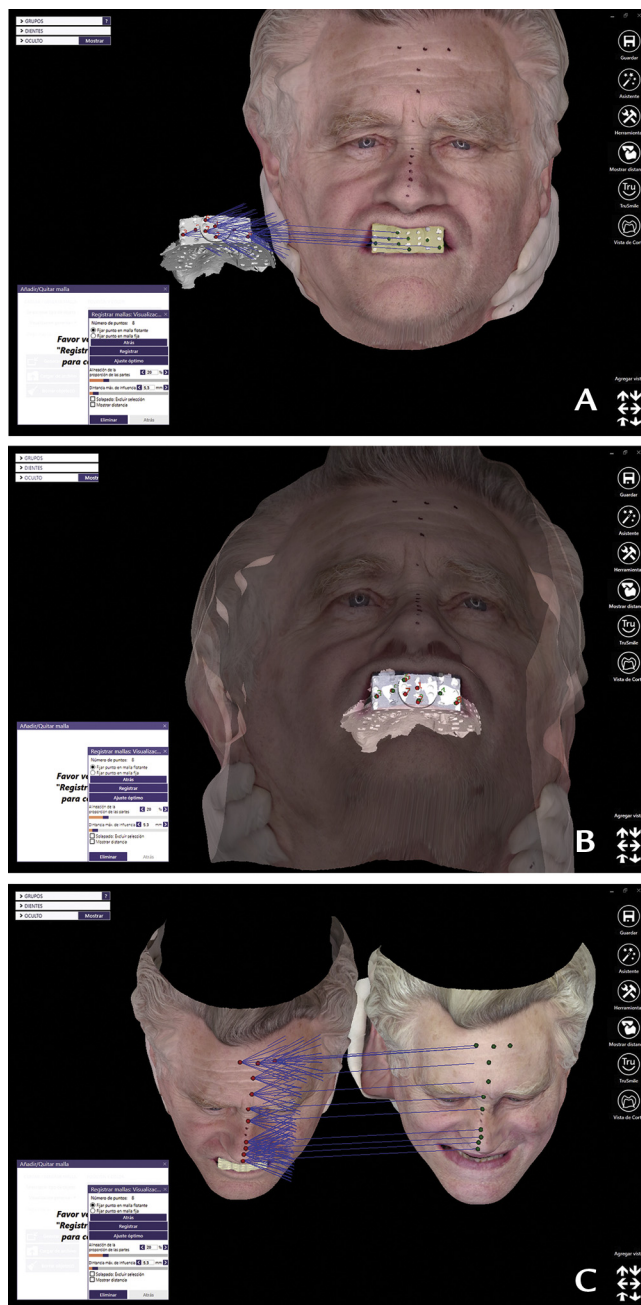


Figure 8. A, Superimposition of facial reference scan and maxillary reference digital scan by using iterative closest point technique. B, After merging procedures. C, Superimposition of facial reference scan and smile facial scan by using iterative closest point technique.

5. Import the patient's files into a CAD software program (Matera 2.4; exocad). By using the iterative closest point technique, superimpose the digital files by following this sequence:
 - Merge the prepreparation maxillary digital scan and the maxillary digital scan with the implant scan bodies positioned in the patient's mouth.

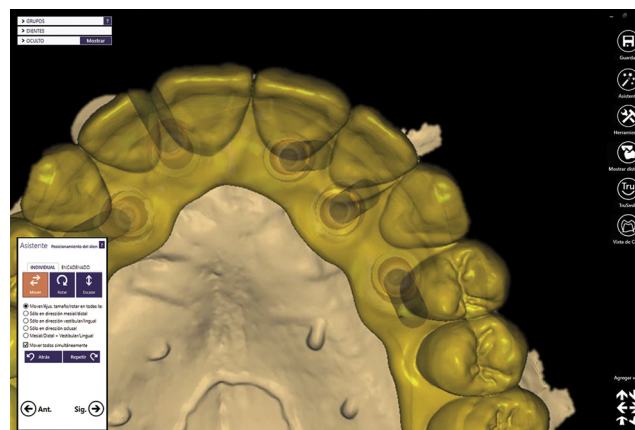


Figure 9. Diagnostic maxillary waxing elaborated by using dental computer-aided design software program (Matera 2.4; exocad).



Figure 10. Additively manufactured screw-retained evaluation prosthesis.

- Use the composite resin markers on the palate as the common element in both files (Fig. 5).
- Superimpose the maxillary digital scan with the implant scan bodies positioned in the patient's mouth and the maxillary reference digital scan. Use the composite resin markers on the palate as the common element in both files (Fig. 6).
- Determine the implant positions with the CAD tools by using the scan bodies of the maxillary reference digital scan (Fig. 7).
- Merge the maxillary reference and the facial reference scans. Use the intraoral scan body as the common element in both files (Fig. 8). Merge the reference facial scan and the smile facial scan by using the forehead and nose landmarks as a common element in both files. Subsequently, repeat the procedure to superimpose the rest and the smile facial scans. When the procedures are



Figure 11. Additively manufactured screw-retained implant-supported interim prosthesis. A, Smile. B, Intraoral view.

completed, a 3D representation of the patient is obtained.

6. Arrange the maxillary teeth with the digital tools of the CAD software program (Fig. 9) by using the preparation maxillary scan as a reference for the interim complete denture. The design should include a standard titanium base implant abutment to allow a screw-cementable placement.³⁶ Export the STL file.
7. Use the STL file of the virtual design to additively manufacture the screw-retained teeth trial denture by using a 3D printer (Optiprint Temp Crown & Bridge A3; Dentona) and pink (Optiprint Denture; Dentona) and tooth-colored interim resin (Free-Shape 120; Ackuretta) according to the manufacturer's instructions (Fig. 10).
8. During the second clinical appointment, evaluate the esthetics, phonetics, and function of the AM screw-retained trial denture. After obtaining patient consent and if no changes are needed, deliver it as a screw-retained implant-supported interim prosthesis (Fig. 11). If changes are needed, modify the maxillary tooth arrangement as needed in step 4 and repeat steps 5 and 6.
9. Evaluate the function, phonetics, and esthetics of the interim implant-supported prostheses for 3 months. If the patient does not present any complication, use the initial virtual planning in conjunction with the digitized maxillary interim provisional to design the definitive prostheses.

DISCUSSION

Improved scanning accuracy of complete-arch implant digital scans has been reported when a polymeric device is used.³¹ In the present technique, a similar intraoral

device was used to assist with transferring the implant positions by using an IOS; moreover, the intraoral device also facilitated the integration of the patient's 3D facial scans. The virtual design of the intraoral scan body can be modified to improve adaptation to the arch shape and dimensions of each patient, easing the splinting and digitalization procedures. A more economical and more accessible 3D printer can be selected to fabricate the intraoral scan body because it does not require the high manufacturing accuracy of other dental devices.

The technique combined the workflow between the dental laboratory technician and the clinician for the integration of digital patient information into a CAD software program. A learning curve is required to understand the digital technologies and alignment procedures.

As a conventional alternative, the maxillary interim complete denture could have been converted into a screw-retained implant-supported prostheses. However, the technique described provided several advantages, including recording the definitive implant cast and the superimposition of the facial and intraoral digital scans, resulting in the patient's 3D virtual representation. The technique facilitated a facially driven maxillary diagnostic waxing and simplified the complete-arch implant-supported interim prosthesis fabrication. The 3D representation included a visualization of the initial clinical conditions, including the interim complete denture, vertical dimension, and definitive implant cast, which could be used to design the definitive prostheses.

SUMMARY

This article describes a technique for merging facial and complete-arch implant digital scans guided by an addi-

tively manufactured intraoral marker to obtain a reliable 3D patient representation and a definitive virtual implant working cast. The size-customizable intraoral marker splinted to the implant scan bodies facilitated the digitalization of the implant positions of the edentulous arch.

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<https://doi.org/10.1016/j.prosdent.2020.11.011>